

1. INTERNATIONAL WRIST COURSE

| Wednesday, 2023/01/18 | Thursday 2023/01/19 | Friday 2023/01/20 |
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| 8:00 Registration | | |
| 9:00 Welcome and introduction | 9:00 Lectures | 9:00 Lectures |
| Biomechanics of the forearm: What do I need to understand for my practice? | Scaphoid fractures: Still a challenge in 2023 | What wrist instabilities are relevant? |
| How can I find a proper diagnosis around the distal radio-ulnar joint? | Scaphoid non unions: Controversis in treatment | SL repair: How to find the appropriate technique? |
| | New approach: Scaphoid 3D reconstruction and scaphoid implant | New SL 3D techniques: What do we know so far? |
| 10:30 Coffee break | 10:30 Coffee break | 10:30 Coffee break |
| Do we need to treat the TFCC and if so how? | Should we ever plate the scaphoid? If yes how is it best done? | Fusion of the first carpal row: Indication and technique for R(S)L fusion |
| If all fails: Salvage procedures around the DRUJ | Almost all will get it: CMC I Osteoarthritis | Revival of the PRC versus the 4-corner fusion? Do we really need to fuse all 4 corners? |
| | | Do we have the solution for wrist arthroplasty or is total wrist fusions still the gold standard? |
| 1:00 pm Lunch break | 1:00 pm Lunch break | 1:00 pm Lunch break |
| Wednesday, 2023/01/18 | Thursday 2023/01/19 | Friday 2023/01/20 |
| 2:00 PM Hands on | 2:00 PM Hands on | 2:00 PM Hands on |
| Open TFCC refixation | Scaphoid screw volar | Wrist denervation SL tenodesis |
| Stabilisation Extensor Carpi Ulnaris | Scaphoid screw dorsal | RSL fusion dorsal |
| Ulnar shortening | Scaphoid Plate | RSL fusion volar |
| 4:00 pm coffee break | 4:00 pm coffee break | 4:00 pm coffee break |
| | Eaton-Littler stabilization CMC I | Proximal Row Carpectomy |
| Adams procedure | Wilson osteotomie CMC I | Total wrist fusion |
| Sauvée Kapandji procedure | Resection arthroplasty CMC I | |
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